

## SOCIAL RIDES

[www.salisbury.sa.gov.au/cyclesalisbury](http://www.salisbury.sa.gov.au/cyclesalisbury)

### 8.30am Wednesday 3 July Para Pedallers

Ride along local trails and/or local roads. Coffee afterwards.  
MTB/hybrid bikes preferred.



### 9am Saturday 20 July Para District Pedallers

Ride to West Lakes via Semapore and coastal path, returning to OTR. Coffee en-route. Suit any bike.



### 9am Saturday 6 July Para Pedallers

Ride local trails. Coffee en-route.  
Suit mountain bike or hybrid.



### 9am Saturday 20 July Dry Creek Trailers

Various medium level rides along the Dry Creek Trail, extending to the O-Bahn/Modbury as well as Mawson Lakes/Globe Derby/Parafield. Coffee en-route. MTB bikes please.



### 9am Saturday 6 July Dry Creek Trailers

Various medium level rides along the Dry Creek Trail, extending to the O-Bahn/Modbury as well as Mawson Lakes/Globe Derby/Parafield. Coffee en-route. MTB bikes please.



### 9am Sunday 21 July Semaphore Sojourn

Easy paced ride along bikepaths and some roads to Port Adelaide/Semaphore and return. Coffee en-route.  
Suitable for any type of bike.



### 9am Saturday 13 July Para Cruizers

Up Dry Creek trail. Follow cycle trail running parallel to McIntyre Road. Through Para Hills and Rains Drive Reserve. Coffee at Food Barr, Mawson Lakes. Home via Dry Creek trail. Suitable for MTB and hybrid bikes.



### 9am Saturday 27 July Para Cruizers

Local trails to Montague Farm and return. Coffee en-route. MTB/Gravel Bikes preferred.



### 8.30am Wednesday 17 July Para Pedallers

Ride along local trails and/or local roads. Coffee afterwards.  
MTB/hybrid bikes preferred.



### 9am Sunday 28 July Salisbury Explorers

Beginners / Easy Ride along the Bitumised path of the Dry Creek Trail. Looped ride where you do what you can. If its up to 5km we look after you first. Then we build up from there.



Ride Group	Day/ Time	Location	Distance/ Code	Ride Details
<b>Para Pedallers Elaine 0422 393 997</b>	<b>Wed 3 July 8.30am</b>	Waterwheel Museum car park, Commercial Rd, Salisbury.	25-35km 2A- 2B	Ride along local trails and/or local roads. Coffee afterwards. MTB/hybrid bikes preferred.
<b>Para Pedallers Elaine B 0408 084 376</b>	<b>Sat 6 July 9am</b>	Salisbury Waterwheel. Commercial Rd. Salisbury	35 km 2A	Ride local trails. Coffee en-route. Suit mountain bike or hybrid
<b>Dry Creek Trailers Bryce 0432 732 540</b>	<b>Sat 6 July 9am</b>	BMX/Club/Skate Park car park, cnr Bridge Rd and South Tce, Pooraka.	15-20km 1A-2B	Various medium level rides along the Dry Creek Trail, extending to the O-Bahn/Modbury as well as Mawson Lakes/Globe Derby/Parafield. Coffee en-route. MTB bikes please.
<b>Para Cruizers Cam Rungie 0468 927 892</b>	<b>Sat 13 July 9am</b>	South Terrace, Pooraka Dog Park.	26km 2B	Up Dry Creek trail. Follow cycle trail running parallel to McIntyre Road. Through Para Hills and Rains Drive Reserve. Coffee at Food Barr, Mawson Lakes. Home via Dry Creek trail. Suitable for MTB and hybrid bikes.
<b>Para Pedallers Elaine 0422 393 997</b>	<b>Wed 17 July 8.30am</b>	Waterwheel Museum car park, Commercial Rd, Salisbury.	25-35km 2A-2B	Ride along local trails and/or local roads. Coffee afterwards. MTB/hybrid bikes preferred.
<b>Para District Pedallers Elaine 0422 393 997</b>	<b>Sat 20 July 9am</b>	OTR Vater St, Dry Creek	40km 2A	Ride to West Lakes via Semapore and coastal path, returning to OTR. Coffee en-route. Suit any bike
<b>Dry Creek Trailers Bryce 0432 732 540</b>	<b>Sat 20 July 9am</b>	BMX/Club/Skate Park car park, cnr Bridge Rd and South Tce, Pooraka.	15-20km 1A-2B	Various medium level rides along the Dry Creek Trail, extending to the O-Bahn/Modbury as well as Mawson Lakes/Globe Derby/Parafield. Coffee en-route. MTB bikes please.
<b>Semaphore Sojourn Nigel 0431 838 735</b>	<b>Sun 21 July 9am</b>	Watershed Cafe car park, Salisbury Hwy, Greenfields	25-30km 2A-4A	Easy paced ride along bikepaths and some roads to Port Adelaide/Semaphore and return. Coffee en-route. Suitable for any type of bike.
<b>Para Cruizers Brian 0408 818 993</b>	<b>Sat 27 July 9am</b>	Waterwheel Museum, Commercial Road, Salisbury	35km 2B	Local trails to Montague Farm and return. Coffee en-route. MTB/Gravel Bikes preferred
<b>Salisbury Explorers Jim 0401 984 767</b>	<b>Sun 28 July 9am</b>	Park in Mawson Lakes Interchange car-park. Meet at the Bottom of pedestrian/cycling ramp leading up to Elder Smith Rd	5-20km 1A-2A	Beginners / Easy Ride along the Bitumised path of the Dry Creek Trail. Looped ride where you do what you can. If its up to 5km we look after you first. Then we build up from there.

Ride Codes	
1 up to 15km/h	2 15 to 18km/hr
3 18 to 20km/h	4 20 to 23km/hr
5 23 to 26km/hr	6 26+km/hr

Terrain Codes	
A Flat	B A few hills
C Hilly and Steep	D Challenging

#### Hot Weather Policy

Please note that any of our advertised 'Cycle Salisbury' rides will be cancelled if the forecast temperature is 35 degrees or above. Note that we use the forecast for Adelaide as issued by the Bureau of Meteorology (BOM) at approximately 4pm on the day before any ride. Please either watch any of the TV networks news bulletins