

WHAT'S **() (** IN SALISBURY



Morella Community Centre

Term 3 Guide

Adult Community Education Programs



Our ACE courses run throughout the year to build your confidence, networks and skills to identify opportunities for work or study. Learn in a safe and flexible environment where you participate in lots of fun,hands-on activities to improve your language, numeracy and employability skills. Enquire now, this is your call to try something new!

Accredited Courses

15-week courses with practical learning components along with a taster of online learning in a fully supported environment. The accredited unit of competency for the below courses is delivered and assessed by Interskills (RTO 6653).

- Commercial Kitchen Practices Free Creche (child minding) available for children of course participants.
- Pathway to the Horticultural Industry
- Pathway to Children's Services Industry Free Creche (child minding) available for children of course participants.

COST: FREE (fully funded by the Department of Education to eligible participants)

Free Creche (child minding) is available for some of the courses.

For more information and enrolment details:

T: 8406 8482

E: ace@morella.org.au

W: morella.org.au/adult-community-education

Short (non-accredited) Courses

Our 10-week non-accredited courses will encourage you to explore various learning and work opportunities through the following areas of interest:

- Intro to Beauty Services Industry
- Baking and Cooking skills
- Intro to the Retail and Customer Service
- Laptop Skills
- Intermediate Communication skills
- English Language Skills
- Starting You Own Small Business
- Intro to Nursing and Allied Industries
- Resume Help

Free Creche (child minding) available for some of the courses.



Community



Nature Play

Drop by the Community Garden for some self-guided nature-based play activities or simply grab a book and relax. Activities may vary depending upon the weather. Dress accordingly, things may get messy!

Tuesdays, 10am to 12pm (during school term) AGE: Up to 5 years No bookings required.

Community Connections Program

Community Connections supports people who are not eligible for mainstream programs such as NDIS and My Aged Care to be more involved in their community and to connect to support networks and services. Each person is supported to establish and maintain meaningful social connections with community, supportive social networks and a sense of belonging.

T: 8406 8484

E: <u>communityconnections@morella.</u> <u>org.au</u>



WHAT'S **() (** IN SALISBURY



Morella Community Centre

Term 3 Guide

Social Activities

Community Cooking and Connections

Taking place in our outdoor cultural kitchen, this activity provides a unique space to promote learning and connections through the sharing of food and conversation using a tandoor oven, pizza oven and charcoal grill.

Second Tuesday of the month, commencing Tuesday 13 Aug, 9.30am

.....

Pizza Day @ Morella

Taste the delicious pizzas and other treats made by the team working in the outdoor cultural kitchen. Have a look at the kitchen, talk to the team and enjoy a coffee and feed.

Last Tuesday of the month, commencing Tuesday 30 Jul, 9.30am

Discover Sewing



Come and learn basic sewing skills including mending of clothes. No experience necessary.Limited spaces available.

Wednesdays, 1pm to 2.30pm (during school term)

Social English

Pre-beginner and beginner level.

Thursdays, 9.30am to 11.30am

E: <u>communityconnections@</u> <u>morella.org.au</u>

Health, Wellbeing and Fitness

Blokes Brunch

An inclusive brunch session for men of all ages and cultural backgrounds.

Second and fourth Tuesday of the month, commencing 13 Aug, 10.30am to 12pm

Bookings essential.

Community Lunches

Everyone welcome, bring a plate of food to share.

Thursdays (fortnightly), commencing 1 August, 12pm

COST: FREE

No bookings required.

Friends of the Garden

General gardening activities, native plants and garden craft.

Thursdays, 9.30am to 11.30am COST: \$2 per session



Gentle Exercise

Tuesdays, 9.30am to 10.30am Thursdays, 9.30am to 10.30am

COST: \$5 per class

Heart Foundation Walking Group

.....



Wednesdays, 9am to 10am

COST: FREE

Community

New Member Call Out

Do you have a love for your local community and want to share and develop your professional and personal skills? Morella is looking for new members to join its Management Committee. Interested? We want to hear from you!

T: 8406 8484

Morella's 40th Birthday Celebrations

This year we turn 40 and want to celebrate! More info on events will be posted on our social media.

.....

Contact us

A: 90 Kings Road, Parafield Gardens

T: 8406 8484

E: reception@morella.org.au/

W: mprella.org.au

f /morellacommunity centre